













Haresfield PSHE Curriculum LKS2

Our curriculum brings together PHSE, emotional literacy, social skills and British Values in a comprehensive scheme of learning. We aim to develop mindful children, who can more readily choose their responses to circumstances rather than react while caught up in the emotions of a situation.

| | Autumn 1 Thankfulness | Autumn 2 Trust | Spring 1 Perseverance | Spring 2 Justice | Summer 1 Service | Summer 2 Truthfulness |
|--------|---|--|---|--|---|--|
| Year A |  |  |  |  |  |  |
| | <p>We're all stars What are our school class rules and why do we have them? What is the difference between a rule and a law? Exploring feelings what behaviour affects our feelings? Working co-operatively Happy playtimes –</p> | <p>Say No! How do we keep ourselves safe? Risk taking. Who can we speak to about our feelings? What is a drug? Are all drugs medicines? What does age restricted mean? What does smoke free mean? What risks are there? Anti-bullying</p> | <p>Living Long, Living Strong What is special about me? What makes me feel good about myself? Personal Hygiene – Hand Washing, Infection What keeps me healthy / in balance? Include emotional health & well being What is an active lifestyle?</p> | <p>Dear Diary What responsibility does a parent have for their child? How do we show kindness to ourselves? How do we show kindness to others? Taking responsibility Making wise choices Dealing with worries. Anti-bullying online safety</p> | <p>People Around Us How we are all connected. Living and working cooperatively. Recognising and challenging prejudice How do I stay safe online? How do I manage appropriate relationships online?</p> | <p>Joining in Joining Up Jobs at home and in school Representation – local council. What is happening in my local community? Voting and debating How can we make a difference? Voluntary, community and pressure groups. Fund-raising</p> |
| Year B | Autumn 1 Generosity | Autumn 2 Compassion | Spring 1 Courage | Spring 2 Forgiveness | Summer 1 Friendship | Summer 2 Respect |
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| | <p>We're All stars Devising a class charter What other rules do you know about? How are rules and laws made? what are the UN rights of the child? What roles do you have at home and at school? What are you responsible or at home and at school?</p> | <p>Be Friendly, Be Wise See things from another's point of view. I can tell you a win-win situation and try to find one in a conflict situation. Managing anger. I know what to do if bullying is going on. What to do in an emergency E-safety</p> | <p>Daring to be different Understanding that we are all individuals Feeling good about yourself. Hopeful and disappointed – How do I react if I am disappointed? Hiding or showing feelings – I know how to control my feelings. What does assertive mean?</p> | <p>Who Likes Chocolate? The real cost of chocolate – what do moral and ethical mean? What is fair trade? Consumer power. How do I recognise 'Fake news'? Advertising – what is a logo and what is it for? Challenging Stereotypes</p> | <p>It's Our World What is democracy and how does it work in my local community? What laws are there? Saving energy– what ways can we save energy? At school? Walking? What is climate change and why does it matter to me?</p> | <p>Growing Up Changes – life cycle, Responsibilities, personal Hygiene – antibiotics Wishes, hopes and dreams - what would I like to change in the future? Positive change –some changes are good. Unwelcome change – what can I do if I find change difficult?</p> |