## Aim of our policy:

- To let people know that at Haresfield we DO NOT accept bullying
- To tell people what bullying is and isn't





## Haresfield Anti-Bullying Policy

## What is bullying?

Bullying can be physical, verbal and emotional

Physical Bullying - people getting hurt, hitting, kicking & punching

Verbal - calling names

Emotional - ignoring people

It is not just falling out with friends, annoying or irritating people -it is when it happens day after day.

How will we help the person being bullied and the person who is bullying?

- We will look after the person who is being bullied
- We will ask the bully why they are bullying and we will try to help them to see what they are doing is wrong

## What should you do if you are being bullied?

√ Tell an adult, teacher or friend

✓ Don't keep it to yourself

√Phone Childline - 0800 1111



Trusting in God, together we live, learn and grow



Cyberbullying is no joke!

Once you post, there is no way back,

so think twice before you send.