

# How can I keep myself healthy?

Reception

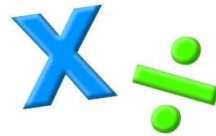
Value this term is perseverance

## English

- Reading Zog and other Julia Donaldson texts
- Rhyming words
- Narrative - write a diary entry
- Character descriptions
- Write our own Zog story.
- Write instructions

## Maths

- Statistics
- Numbers to 20,
- Making and finding patterns



## Science

- The basic needs of animals including Humans for survival.
- The importance of exercise, healthy Eating and hygiene

## EYFS creative play

- Hospital
- Dragon small world



## Computing

- Algorithms unplugged



## AIM HIGH

- To be a good learner I must...
- Ask questions
- Imagine
- Motivate

## PE

Gymnastics

## History

Florence Nightingale



## RE

- Who is a Muslim and how do they live?
- Being Special and belonging

- Have a go
- Independent Goals
- Help others

## PSHCE

- Living long, living strong
- Keeping ourselves clean



## DT

- Make soup
- Fruit pudding



## Music

- Listen to and describe music



# Early Learning Goals Spring 1

## Personal, Emotional and Social Education

### **Self-confidence and self-awareness**

Children are becoming more confident to try new activities.

They are confident to speak in a familiar group.

They can talk about their ideas, and will choose the resources they need for their chosen activities.

They say when they do or don't need help.

### **Managing feelings and behaviour**

Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable.

They work as part of a group or class, and understand and follow the rules.

They adjust their

behaviour to different situations, and take changes of routine in their stride.

## Communication and Language

### **Listening and attention**

Children listen attentively in a range of situations.

They listen to stories, and can explain what is happening

They give their attention to what others say and respond appropriately.

### **Understanding**

Children follow instructions involving several ideas or actions.

### **Speaking**

Children express themselves effectively, showing awareness of listeners' needs. They are beginning to develop their own narratives and explanations by connecting ideas or events.

## RE

Being special: where do we belong?

How do we show respect?

How do we show love / know we are loved?

Who do you care about?

How do we show feelings?

Making people welcome

Where do you belong?

## Expressive Arts and Design

Children sing songs, listen to music and talk about the sounds that they hear. They describe how it makes them feel. They paint with increasing skill showing greater control of tools.

## Physical

### **Health and self-care**

Children know the importance for good health of Physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

## Understanding the world

### **People and communities**

Children talk about past and present events in their own lives and in the lives of family members.

They know about similarities and differences between themselves and others, and among families, communities and traditions.

## Maths

### **Numbers**

Children count reliably with numbers from one to 20, place them in order and say which number is one more or one less than a given number

### **Shape, Space and Measure**

They recognise, create and describe patterns. They explore characteristics of everyday objects and shapes and use mathematical language to describe them.

## Literacy

### **Reading**

They use phonic knowledge to decode regular words and read them aloud accurately.

They also read some common irregular words.

They demonstrate understanding when talking with others about what they have read.

### **Writing**

Children are beginning to use their phonic knowledge to write words in ways which match their spoken sounds.

They also write some irregular common words.